

How to install fiber optic cables inside cable trays



Overview

Simple training video for our teams after pulling the fiber to locations, either the MDF or IDF spots. To secure the fiber and get it ready to splice for the pigtails. Keep in mind various...

Key Takeaways

Fiber optic cables in cable trays should be routed carefully, secured without stressing the fibers, and connected using proper splicing or connector techniques while maintaining bend radius and minimizing mechanical stress.

Planning and Preparation

Before installation, conduct a site survey to identify hazards, cable routes, and splice locations. Develop a cable pulling plan that includes let-off points, intermediate access, and responsibilities for each team member to ensure smooth installation and compliance with building codes and safety regulations (Belden).

Routing in Cable Trays

Tray Selection: Use trays suitable for fiber optics, such as ladder or wire basket trays, which allow easy access and reduce sharp bends (Cable Tray Fab). Bend Radius: Maintain a minimum bend radius of 20 times the cable diameter during pulling and 10 times when static in the tray to prevent micro-cracks in the fiber (Cable Tray Fab). Avoid Sharp Edges: Do not pull cables over sharp edges; use protective guides or smooth turnbacks to prevent damage (Belden).



Figure-8 Loops: For long pulls or slack management, use figure-8 loops to prevent twisting and maintain fiber integrity (Belden).

Securing the Cables

Use Straps or Ties: Secure the cable jacket to the tray using plastic ties or straps at intervals to prevent sagging, but avoid over-tightening which can stress the fiber (CTS System). **Support at Vertical Runs:** Clamp cables at frequent intervals in vertical sections to prevent excessive weight on the fiber (Belden). **Slack Management:** Provide enough slack for splicing or connector work without creating tight bends (Bridge Cable).

Connecting and Splicing

Splice Preparation: Ensure the fiber ends are clean and protected with end caps until splicing or connectorization. **Connector Installation:** Connectors should be attached according to manufacturer instructions, ensuring proper alignment and minimal stress on the fiber (CTS System). **Polarity and Documentation:** Maintain correct polarity and label all cables according to TIA-606-C standards for future maintenance (Cable Tray Fab).

Environmental and Safety Considerations

Temperature and Moisture: Respect the cable's maximum installation and storage temperatures, and protect fibers from moisture during installation (Belden).

Separation from Power Cables: Keep metallic or active power cables separate to avoid interference and comply with NEC guidelines (Corning). **Tray Ratings:** Any listed optical fiber cable is acceptable for tray applications; ensure the tray type (ladder, trough, channel, solid bottom) suits the installation environment (Corning).

By following these guidelines, fiber optic cables can be safely routed, secured, and connected in cable trays, ensuring long-term performance and minimal signal loss.

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If additional cables, specifically larger, bulkier cables, are to be installed in the same conduit, install the fiber optic cable inside an innerduct for mechanical protection.

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Fiber Terminal Box vs Junction Box: Key Differences

Fiber optic junction boxes must be installed as close to the work area as possible to avoid unnecessary cable lengths. You can use optical splitters and fiber optics with shorter cables for

101 Guidelines for Fiber Optic Cable Installation

Never directly pull on the fiber itself. Fiber optic cables have Kevlar aramid yarn or a fiberglass rod as their strength member. You should pull on the fiber cable strength members only! Never exceed the

The FOA Reference For Fiber Optics

These service loops should be stored neatly, coiled inside handholes or manholes, on wall fixtures indoors or lashed to messengers with plastic "snowshoes"

Installing fiber-optic cable in premises applications

Optical-fiber cable should always be run in trays to avoid as much tension, crushing and bending as possible. Routes should be inspected for sharp turns, snags (sometimes from other cables) and

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