# Methods and Processes for Laying Optical Cables in Ducts

## Overview

Pulling and blowing a cable in a duct Readers of this document are encouraged to seek information on specific matters regarding Optical cables and componen.

## Key Takeaways

Optical cables in ducts are installed using careful preparation, proper handling, and either pulling or blowing methods, following strict guidelines for tension, bend radius, and duct fill ratio.

### Pre-

### Installation Preparation

Route Survey: Conduct a thorough survey of the cable route to identify potential obstacles, manhole locations, and splice points. Determine drum placement, cable storage, and machinery requirements, and obtain necessary work permissions. Cable Inspection: Inspect cable drums for physical damage and test fibers for continuity and attenuation before installation.

Work Area Setup: Ensure manholes are clean, work areas are signposted, and all handling equipment is available. Barricades or traffic cones should be used to prevent interference from vehicles or pedestrians.

© 2026 CGWEB NETWORK INFRASTRUCTURE - All rights reserved

## Cable Handling

Avoid bending the cable below its minimum bend radius, twisting, or applying excessive tension. Use special lubricants if necessary and leave cable reserves in a figure-eight or circular shape to prevent kinking. For long cable lengths, the figure-eight coil should be approximately 15 ft (4.

5 m) with loops 5–8 ft (1. 5–2. 4 m) in diameter.

## Installation Methods

## Pulling Method

The cable is manually or mechanically pulled through the duct using traction rollers or a hydraulic power pack. Maximum pulling tension must not exceed the cable's rated limit, and care must be taken to avoid stress on the fibers. Suitable for shorter ducts or when machinery for blowing is unavailable.

Blowing (Jetting) MethodA combination of mechanical pushing and high-speed compressed air is used to float the cable through the duct. A piston may be attached to the cable front to reduce friction and control movement. Preferred for longer ducts with multiple bends, as it reduces installation time, manpower, and mechanical stress on the cable.

Key parameters include the Duct Fill Ratio (DFR), which should be maintained between 35–65% for optimal performance.

DF

R is calculated as the ratio of the cable cross-sectional area to the duct inner area.

## Splicing and Connections

Splice protectors should be used, and sufficient cable reserves left at splice points. Connections to distributors or equipment should be made with pigtails or patch cords. Only fibers involved in splicing should be handled; unused fibers should remain protected.

## Safety and Environmental Measures

Follow all local regulations and obtain necessary authorizations before starting work. Implement a security plan, proper signage, and environmental precautions during installation. Ensure personnel are trained in cable handling and aware of maximum tension and bend radius limits.

Post-InstallationVerify cable integrity and continuity after installation. Document cable routes, splice locations, and any deviations from the plan. Clean and secure manholes, and ensure all cable reserves are properly stored.

*© 2026 CGWEB NETWORK INFRASTRUCTURE - All rights reserved*

By following these steps, optical fiber cables can be safely and efficiently installed in ducts, minimizing the risk of damage and ensuring long-term performance.

## Article Content

Pulling and blowing a cable in a duct

Readers of this document are encouraged to seek information on specific matters regarding Optical cables and components from the manufacturer or provider and to consider the Technical Standards

OPTICAL FIBRE CABLES INSTALLATION GUIDE

Cable laying needs to be preceded and followed by specific steps to have successful installation. In general, the following steps and features are recommended for the optical fibre cable installation:

OFC Application Note

There are two basic methods of cable installation in a preinstalled duct – Pulling method and Blowing method. The cable installation method is selected based on site conditions and availability of

Duct Installation of Fiber Optic Cable

To ensure all specifications are met, consult the specific cable specification sheet for the cable you are installing. Corning Optical Communications cable specification sheets are available which list the

Installation of Optical Fiber Cable by Blowing/Jetting

There are two basic methods of cable installation in a preinstalled duct – Pulling method and Blowing method. The cable installation method is selected based on site conditions and availability of

Duct Installation of Fiber Duct Cable Pulling & Air Blowing Method

Fiber optic cable duct installation methods, optical cable installation preparations, and optical fiber cable installation procedures would be covered in this article.

Duct Fiber Optic Cables: What They Are, Applications, Installation ...

Learn about duct fiber optic cables—their design, key applications (FTTx, urban networks, DCI), installation methods (pulling vs. air blowing), and how to choose or customize the

HDD Methods for Optical Fibre Cable Laying | PDF | Rope | Duct (Flow)

*© 2026 CGWEB NETWORK INFRASTRUCTURE - All rights reserved*

This document provides guidelines for laying optical fibre cables using horizontal directional drilling (HDD) and the cable blowing method. It discusses when HDD may be used, such as within city

Air-Assisted Installation Considerations

Placing optical fiber cables in duct systems using air-assisted installation techniques presents different installation requirements than traditional pulling. In return, these techniques enable installation of

Fiber Optic Cable Installation Method Statement

Below is given the fiber optic cable installation method statement for performing the installation of optical fiber cabling system for any kind and size of project.

Pulling and blowing a cable in a duct

The installation of optical fibre cable in duct is becoming the most popular installation method in the FTTH networks; from pulling to air jetting the network builder has the choice but the trend to reduce

OFC Application Note

Blowing Method Cable installation by using high speed air flow combined with additional mechanical pushing force is called as “blowing or jetting”. Cable blowing is the process of installation of optical

OPTICAL FIBRE CABLES INSTALLATION GUIDE

The objective of this document is to be an optical fibre cable installation and laying guide, addressed to new installers, also being useful as a reminder to experienced installers. We should always consider

Underground Installation of Optic Fiber Cable Placing

Fiber optic cables have provided a more optimal use of available underground conduit space because of its small cable diameter and the much higher communications traffic capacity of each cable. Optical

Installation of Optical Fiber Cable by Blowing/Jetting

Overall, blowing method is preferred over traditional pulling method due to savings in manpower & installation time and improved installation efficiency, particularly in longer ducts with multiple bends

eABF Fiber Optic Cable and MicroDuct Installation Manual

Safety Good safety practices should always be considered when placing eABF conduit and fiber optic cable. The safety issues inherent in any inside or outside plant construction project should be

*© 2026 CGWEB NETWORK INFRASTRUCTURE - All rights reserved*

The FOA Reference For Fiber Optics -Outside Plant

The following items are key considerations in preparation for installing the fiber optic cable when the construction is ready for cable placement. Optical fiber cable

Installation of optical cables in ducts

Installation of optical cables in ducts - This book describes and compares several methods for installing cables in ducts. In the past pulling was the most popular

Related Video Reference

This video was associated with the source search result. Verify technical details against current product documentation and project requirements.

## Contact Us

Continue your research online:

Website: https://cgweb.co.za
Technical inquiry: https://cgweb.co.za/project-enquiry.html

This document is for preliminary research. Verify specifications against current standards, product documentation and project requirements.

*© 2026 CGWEB NETWORK INFRASTRUCTURE - All rights reserved*